



Return-to-School/Work for COVID-19

Students/Teachers/Staff (persons) with COVID-19 symptoms and/or a positive test:

Symptomatic individuals must stay home for 5 days unless:

- You receive a negative molecular/PCR test; continue to stay home until symptom free for 24 hours.
- You receive an alternate doctor diagnosis; continue to stay home until symptom free for 24 hours.
- Antigen, antibody, and home tests do not rule out suspect COVID-19 cases.**

Positive individuals must stay home for five days then:

- you can return to school/work IF no symptoms or your symptoms are resolving
- If you have a fever, continue to stay home until fever free for 24 hours.
- Continue to wear a mask around others for 5 additional days. *If a mask cannot be worn for 5 additional days, you should isolate for a full 10 days.*

If the person is sick with non-COVID-19 symptoms, the person must still be symptom free for 24 hours before returning to school/work.

COVID-19 symptoms include but are not limited to:

- Fever ≥ 100.4 °F
- Shortness of breath
- Chest pain
- Increasingly nonproductive (dry) cough
- Body aches or fatigue
- GI symptoms (nausea, diarrhea)
- Other flu/cold like symptoms such as headache, sore throat, or congestion
- Loss of taste and/or smell

If a person is a close contact (defined as within 6 feet for a cumulative 15 minutes over a 24-hour period) of a COVID-19 case, that person may return to school based on the following protocols:

Anyone unable to mask should quarantine for 10 days from their last contact with a positive case.	
Students who have completed** the primary series of an mRNA vaccine (Moderna, Pfizer, Johnson & Johnson) OR have a laboratory confirmed positive test within the previous 90 days	<ul style="list-style-type: none"> • Wear a mask around others for 10 days. • Test on day 5 if possible. <p style="font-size: small; margin-top: 5px;"><i>**completed series means the individual is at least 2 weeks past their second Moderna/Pfizer injection or 2 weeks past their single J&J**</i></p>
Students who are unvaccinated	<ul style="list-style-type: none"> • Stay home for 5 days. After that continue to wear a mask around others for 5 additional days. • Test on day 5 if possible.
Staff who have completed** the primary series of Moderna/Pfizer vaccine within the last 5 months, OR have completed** the primary series of J&J vaccine within the last 2 months, OR have been boosted	<ul style="list-style-type: none"> • Wear a mask around others for 10 days. • Test on day 5 if possible. <p style="font-size: small; margin-top: 5px;"><i>**completed series means the individual is at least 2 weeks past their second Moderna/Pfizer injection or 2 weeks past their single J&J**</i></p>
Staff who are unvaccinated, OR have completed the primary series of Moderna/Pfizer vaccine over 5 months ago and are not boosted OR completed** the primary series of J&J over 2 months ago and are not boosted.	<ul style="list-style-type: none"> • Stay home for 5 days. After that continue to wear a mask around others for 5 additional days. • Test on day 5 if possible.

Date of Close Contact: _____ **Earliest Return to School/Work Date:** _____

Information taken from the Louisiana Department of Health @ www.ldh.la.gov