



Parent/Caregiver Resources for Behavioral Health

Education and Awareness

Students often have needs outside of academic areas that can affect their success in school, including behavioral health challenges and emotional issues. This flyer provides resources that offer support and information for families dealing with behavioral health challenges.

Crisis Resources

In an Emergency Always Call 9-1-1

Online Crisis Counseling Lifeline

www.crisischat.org

Crisis Counselor Phone Lines

The PHONE 985-231-1142

1-800-273-TALK (8225)

1-800-SUICIDE (784-2433)

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Prevention and Awareness

Mental Health Providers and Health/PE teachers partner to provide approved suicide prevention instruction as part of the health curriculum for grades 7th, 8th and high school health classes. For more information or to review materials, please contact your child's school principal.

For more information, speak with the principal, guidance counselor or a Mental Health Provider at your child's school or contact the St. Tammany Parish School District Mental Health Provider Liaison Jeanelle Stein, LCSW-BACS at jeanelle.stein@stpsb.org or 985-898-3387.

Community Resources

NAMI (National Alliance on Mental Illness) St. Tammany

985-626-6538

www.namisttammany.org

Behavioral Health Fair

National Guard Armory in Covington

October 9, 2014

9:00 A.M. - 1:00 P.M.

Teen Suicide Awareness Forum

Slidell Memorial Hospital

September 11, 2014

STOPS (St. Tammany Outreach for the Prevention of Suicide)

985-237-5506

www.stops-la.org

One Step at a Time Suicide Awareness Walk/Run

September 20, 2014

St Tammany Parish Government

Suicide Prevention Program

www.itsoktotalkaboutit.org

The Jason Foundation

Education and Parent Resource Program

Free download "A Friend Asks" App

www.jasonfoundation.com